

**HEALTH AND PHYSICAL EDUCATION MAJOR  
(124 credit hours)**

**Freshman Year (34)**

<b>First Semester</b>		<b>Hrs.</b>	<b>Second Semester</b>		<b>Hrs.</b>
EN 111	Composition	<input type="checkbox"/> 3	EN 112	Composition	<input type="checkbox"/> 3
HI 111	World Civilization	<input type="checkbox"/> 3	SS 111	Social Institutions	<input type="checkbox"/> 3
BI 111	General Biology	<input type="checkbox"/> 3	PY 111	Physical Science	<input type="checkbox"/> 3
PE 122	Health	<input type="checkbox"/> 3	MA 121	College Algebra	<input type="checkbox"/> 3
PE 100	Phys. Ed. Activity	<input type="checkbox"/> 1	CS 100	Info. Tech. Proficiency	<input type="checkbox"/> 1
PH 132	General Psychology	<input type="checkbox"/> 3	HI 112	World Civilization	<input type="checkbox"/> 3
UL 101	University Life	<input type="checkbox"/> 1	PE 100	Phys. Ed. Activity	<input type="checkbox"/> 1
<b>Total</b>		<input type="checkbox"/> 17	<b>Total</b>		<input type="checkbox"/> 17

**Sophomore Year (32)**

EN 213	Studies in Literature	<input type="checkbox"/> 3	EN 231	Vocabulary Development	<input type="checkbox"/> 3
SA 223	Oral Communication	<input type="checkbox"/> 3	PE 336	Hist/Principles of Phy. Ed.	<input type="checkbox"/> 3
PE 200	Phys. Ed. Activity	<input type="checkbox"/> 1	PE 200	Phys. Ed. Activity	<input type="checkbox"/> 1
PE 221	Teaching Practicum	<input type="checkbox"/> 3	PE 245	First Aid & Safety	<input type="checkbox"/> 3
PE 226	Consumer Health	<input type="checkbox"/> 3	ED 200	Global & Multicultural	<input type="checkbox"/> 3
PE 237	Elementary Dance	<input type="checkbox"/> 3	PH 326	Psy of Except. Children	<input type="checkbox"/> 3
<b>Total</b>		<input type="checkbox"/> 16	<b>Total</b>		<input type="checkbox"/> 16

**Junior Year (31)**

BI 335	Human Anatomy/Phys.	<input type="checkbox"/> 4	PE 328	Motor Dev./Movement	<input type="checkbox"/> 3
PE 327	Coaching/Officiating	<input type="checkbox"/> 3	PE 346**	Methods/Mtls Secondary	<input type="checkbox"/> 3
PE 356	Measurement/Evaluation	<input type="checkbox"/> 3	ED 351**	Classroom Management	<input type="checkbox"/> 3
PH 336	Educational Psychology	<input type="checkbox"/> 3	ED 348**	Foundations of Education	<input type="checkbox"/> 3
ED 302**	Practicum/Technology	<input type="checkbox"/> 3	PE 468	Kinesiology	<input type="checkbox"/> 3
<b>Total</b>		<input type="checkbox"/> 16	<b>Total</b>		<input type="checkbox"/> 15

**Senior Year (27)**

PE 427	Org/Admin. Of Phy Ed.	<input type="checkbox"/> 3	ED 468**	Directed Teaching	<input type="checkbox"/> 12
PE 435	Physiology of Exercise	<input type="checkbox"/> 3			<input type="checkbox"/>
PE 467	Adapted Physical Ed.	<input type="checkbox"/> 3			<input type="checkbox"/>
SY 408	Family	<input type="checkbox"/> 3			<input type="checkbox"/>
ED 498**	Secondary Reading	<input type="checkbox"/> 3			<input type="checkbox"/>
<b>Total</b>		<input type="checkbox"/> 15	<b>Total</b>		<input type="checkbox"/> 12

Note: Teacher certification requirements will vary as State Licensure mandates are revised/updated.  
\*\*Restricted Courses

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America's future walks through the doors of our schools each day.  
--Mary Jean Le Tendre